



國際若石健康研究院 (馬來西亞)  
RWO SHUR HEALTH INSTITUTE INTERNATIONAL (Malaysia)



## Rwo Shur Reflexology Technician Certificate Training

Professional Technician Training Certificate will be presented to each participant on satisfactory passing of Test.

**Instructor:** Dr. Goh (Geraldine Tay)

**Objective:** Trained to be able to:

- Apply Rwo Shur Foot Reflexology techniques effectively. The foundation of training is based on Western and Chinese therapeutic medical theories.
- Become a trained Rwo Shur Foot Reflexologist who will apply reflexology techniques on the feet as treatment for the body. It is not restricted to Spa relaxation foot massage only.
- Able to effectively use Rwo Shur Foot Reflexology techniques for de-stressing, anti-ageing and preventing obesity. It is also to beautify the skin and body shape and draw in youthful energy, hope, courage and happiness.

### Contents of training

- The background and history of Rwo Shur Foot Reflexology
- Theories of Reflexology
- Harmonious use of Western and Chinese medical theories (Anatomy & Physiology) – Rwo Shur Foot Reflexology as a synthesized medical technique based on both without conflict
- Case studies – the different types of health problems relating to pregnancy, high blood pressure, stroke, cancer, etc.
- Introduction to Analgesic Diagnosis
- Foot Reflexology exercise – for general health and for reflexology practitioner to avoid professional ailments
- Techniques applied will be individually guided personally by Dr. Goh (Geraldine Tay)

**Date/Time:** (30 - 36 hours)

October 26, 2024 – November 1, 2024  
9 am – 5pm (1 hour lunch break)

**Venue:** Rwo Shur Health Institute International (Malaysia)

31-1, Jalan Desa, Taman Desa  
off Jalan Kelang Lama  
Kuala Lumpur, Malaysia  
(next to Taman Desa Hospital)  
Tel: +603-7983 0388

**Special discounted fee:** RM 10,000 per Malaysian participant  
RM 20,000 per Foreign/Non-Malaysian participant

**Enquiry/Registration:** Tel: +603-7983 0388 / Fax: +603-22824455  
Email: info@gardenoftao.com.my



## Instructor: Dr. Goh (Geraldine Tay)

Dr. Goh is listed in the \*Contemporary Who's Who in Traditional Medicine\* book which is one of 26 in a series of books in the magnum opus Grand System of World Traditional Medicine compound and published by the American academy of World Traditional Medical Science. The book records 1291 doctors who are prominent in the Traditional Chinese medicine including Han, Tibetan, Mongolian, Ulgur, The Zhuang, The Hui, The Tai, Korean and The Dong medicine as well as in other Traditional fields of medicine in the world.

- \* B. Com. (Hons) M.A. (Economics). PhD., (T.M.S.)
- \* Recognised international foot reflexology lecturer, author and award holder was Instructor of Foot Reflexology extra mural studies class at Singapore National University.
- \* More than 35 years experience in foot reflexology.
- \* Name recorded in Contemporary Outstanding 1,291 Traditional Medical Doctors' Record book.
- \* Founder of Rwo Shur School of Foot Reflexology in Singapore & Malaysia.
- \* Appointed Panel Board Member for Foot Reflexology Standard, Ministry of Health, Malaysia.